

# RUSTY WELLS

and



Nothing Beyond Her Reach

present a fantastic two hours of engaging, loving  
yoga dedicated to at-risk teen girls in  
San Francisco's Juvenile Justice Center.

Come prepared to bring light into your own body,  
mind, and spirit and to spread such grace to  
beautiful beings everywhere.

SATURDAY, DECEMBER 20,  
2008

10:30-12:30

THE WOMEN'S BUILDING

3543 18th St between Valencia and Guerrero  
San Francisco, CA 94110

**SUGGESTED DONATION: \$25 CASH /CHECK AT THE DOOR**

*Come a few minutes early to ensure a spot!!*

Directions to the event: <http://www.womensbuilding.org/public/about/contact.html>

For information about Rusty Wells: <http://rustywells.com/>

The Art of Yoga Project: [www.theartofyogaproject.org](http://www.theartofyogaproject.org)