



Join **Rusty Wells**
for an inspiring evening of Bhakti Yoga to
benefit
The Art of Yoga Project
for at-risk girls.

**Saturday, March 3 from 5 to 7pm at the ABADA
studio www.abada.org**

**ABADÁ-Capoeira San Francisco Brazilian Arts Center
3221 22nd Street @Mission Street, San Francisco, CA
94110**

Your \$20 donation supports The Art of Yoga Project. Thank you for your contribution to making the world a better place!

The Art of Yoga Project is a non-profit organization that helps at-risk girls prepare for a positive future by bringing yoga to them within the juvenile justice system.

Rusty Wells has a unique style that blends music, movement, and spirit. His teaching has been influenced by elements from the Ashtanga, Bikram, and Sivananada traditions, as well as many wonderful teachers, including Dharma Mittra, Swami Sivananda, and Baron Baptiste. Rusty lives and teaches in San Francisco.

Questions? Email Courtney at ccwoodrow@comcast.net